



Forging a career in academia: A survival kit

September 1st 2015, 9 am - 5 pm,

Printing House Hall, Trinity College Campus, Dublin

Time	Topic	Speakers
9:00-9:30 Welcome and registration		
9:30-9:40	Introduction - Overall programme for the day	Dorina Cadar
9:40-10:00	Finding a job <ul style="list-style-type: none"> When to apply, where to look, how to approach people about positions beforehand Writing applications/ CVs/cover letters 	Tony Robertson Peter Tennant
10:00-10:45	Getting the job <ul style="list-style-type: none"> Picking referees Interview tips Successful applications Competency based interviews 	Sarah Gibney Tony Robertson Akke Vellinga
10:45-11:00	Panel Discussion – Jobs and applications	All above
11:00-11:20 Break		
11:20-12:00	Negotiation/difficult conversations <ul style="list-style-type: none"> Rights and responsibilities of postdocs/teaching fellows/PIs Making sure your contribution is valued Dealing with difficult people Departmental cultures 	Mark Kelson Peter Tennant
12:00-12:15	Panel Discussion – Negotiation and difficult conversations	All above
12:15-13:00	Mentoring <ul style="list-style-type: none"> What, how, who, when and where? Achieving a work-life balance 	Simon Capewell Sara Ronzi
13:00-14:00 Lunch (provided)		
14:00-14:45	Thinking strategically about your career <ul style="list-style-type: none"> Maximising future career opportunities by building relationships, networking tips, thinking about impact and future collaborations, not just publications 	Simon Capewell Mark Kelson
14:45-15:00	Panel Discussion - Thinking strategically about your career	All above
15:00-15:30	Skills and Training <ul style="list-style-type: none"> Project management for researchers: practical tips Effective communication to non-academic audiences 	Akke Vellinga Sarah Gibney
15:30-15:45	Panel Discussion – Skills and training	
15:45-16:00 Break		
16:00-16:45	Next steps: Fellowships and Grants <ul style="list-style-type: none"> Fellowship/starter grants (grantsmanship) Writing yourself into a grant proposal PI/applicant relationship dynamics Grant writing and funding calls 	Ellen Flint Justin Synnott
16:45-16:55	Panel Discussion – Fellowships and grantsmanship	All above
16:55-17:00	Closing remarks - The benefits of being an ECR SSM Member	Dorina Cadar



SSM ECR Workshop Speakers Biographies



Professor Simon Capewell

Chair of Clinical Epidemiology, Public Health & Policy, University of Liverpool, UK

President of the Society for Social Medicine (SSM)

Vice President (Policy) for the UK Faculty of Public Health.

Simon trained in general, respiratory and cardiovascular medicine in Newcastle, Cardiff, and Oxford, then in public health in Edinburgh and Glasgow. He was appointed as the first Professor of Clinical Epidemiology in the University of Liverpool in 1999.

Simon manages a research programme mainly involving cardiovascular disease (CVD) and food policy. Funding thus far totalling over £20 million, with over three hundred peer-reviewed papers, many in top journals.

His recent research includes programmes funded by MRC, NIH, NIHR, EU & BHF examining:

- Why CVD death rates have recently halved in the USA, UK, Poland & elsewhere, and why CVD rates are increasing in China and many other developing countries, and
- The development of effective and cost-saving CVD prevention strategies: building on empirical evidence, policy analyses, and quantitative modelling in high, middle and low income countries.

Simon is also a Trustee for the Faculty, for the UK Health Forum, and for Heart of Mersey, a large regional CVD primary prevention charity. He contributes to policy development and service work. He has recently chaired/participated in a dozen national /international policy and prevention committees, including Academy of Medical Royal Colleges (Obesity), British Heart Foundation (Prevention & care), NICE (CVD prevention), UK Faculty of Public Health, European Society of Cardiology and WHO.

Simon Capewell MB BS & MD (Newcastle); DSc, FRCPE; MSc (Edinburgh); FFPH & FESC

Email: capewell@liverpool.ac.uk

Twitter @SimonCapewell99



SSM ECR Workshop Speakers Biographies



Dr Justin Synnott

Research Manager at University College Dublin (UCD)

Justyn's role encompasses strategic planning, policy-driven projects and programmatic activities to drive research capacity and support research careers in the university.

Strategic initiatives include the implementation of the European Commission's Human Resources Strategy for Researchers (HRS4R) ensuring that the university is following best practice in implementing the principles of the *Charter for the Recruitment of Researchers and the Code of Conduct for Researchers*. Under Justin's management, UCD was awarded the Commission's HRS4R award in August 2012 – the first organisation in the Republic of Ireland to receive this recognition.

Justin is a member of the European Commission's Expert Group on 'Shaping the future of the Human Resources Strategy for Researchers – HRS4R' and is currently a peer reviewer for both VITAE and the European Commission on external evaluations of researcher supports in UK and other European research performing organisations.

Programmatic activities include co-leading the successful proposal for funding from the FP7 Marie Skłodowska-Curie COFUND Call in 2012, with a total value of approximately €5 million. The proposal was ranked highest in Europe for the 2012 call. The resulting fellowships programme is assisting 21 postdoctoral researchers with the development of their careers.

Justin's role also involves coordinating applications for postgraduate scholarship and postdoctoral fellowship funding opportunities by providing a suite of supports to applicants wishing to draw down grant funding to carry out research at UCD.



SSM ECR Workshop Speakers Biographies



Dr Mark Kelson

***Research Fellow in Statistics in the South East Wales Trials Unit
Consultant for the Research Design and Conduct Service
Member of the SSM Committee***

Mark works in a clinical trials unit and is also a consultant for the Research Design and Conduct Service (helping NHS researchers win funding to do research). He is on the editorial board of *Statistical Methods in Medical Research* and is Methods lead for the South East Wales Trials Unit.

His research interests include exercise interventions, mental health and multilevel modelling. Originally from Cork in Ireland he has lived in Cardiff for the past twelve years. He likes science, cats, running, wine, occasionally growing a beard and writing in the third person. He is available at @MarkJKelson on twitter.



Dr Tony Robertson

***Research Fellow & Working Group Lead, Scottish Collaboration for Public Health Research & Policy (SCPHRP), University of Edinburgh
Member of the SSM Committee***

Tony studied Behavioural Ecology at degree (2000-04) and PhD level (2005-09) before changing his focus to human health and social epidemiology in 2010 when he joined the MRC/CSO Social and Public Health Sciences Unit, University of Glasgow on a Career Development Fellowship. In 2013 Tony moved to SCPHRP as a Research Fellow and Lead for the Working Age/Adult Life Working Group.

Tony's work focuses on trying to better understand the mechanisms linking socioeconomic circumstances and health across the lifecourse to help improve population health and reduce health inequalities. This includes investigating the biological pathways between socioeconomic circumstances and health; investigating the prevalence, incidence and predictive power of traditional and novel chronic disease risk markers; investigating peoples' experiences and understanding of the causes and consequences of health inequalities; and working with community organisations and grassroots activist groups trying to improve population health and reduce health inequalities.

Twitter @tonyrobertson82



SSM ECR Workshop Speakers Biographies



Dr Akke Vellinga

Senior Lecturer Epidemiology, School of Medicine, NUI Galway, Ireland

Akke is an epidemiologist and has worked on various short term projects in Belgium (till 2005) and Ireland in epidemiology and health services research (2005-20011). In 2012 she secured two half time positions in the School of Medicine, NUI Galway; a senior lectureship in primary care and a lectureship in bacteriology (epidemiology). Within these positions she leads research projects on antimicrobial resistance, prescribing, primary care and out-of-hospital care.

Akke's research experience covers a variety of topics, from vaccination coverage and vaccination evaluation to zoonotic diseases and asthma and allergies. She holds a PhD in Medicine (Epidemiology), a Master in Epidemiology, MSc, BSc and Diploma in Health Economics, HDip Ed and Certificate in Learning and Teaching in Higher Education. She authored more than 45 papers, most of which as senior author.



Peter Tennant

***Academic Fellow in Healthcare Research at the University of Leeds
Member of the SSM Committee***

Peter was recently appointed as University Academic Fellow in Healthcare Research at the University of Leeds. Before that he spent seven years as a Research Associate in Epidemiology at Newcastle University, where he led and supported a number of studies across the two areas of maternal and child health and lifecourse epidemiology.

He is well-known within the Society for Social Medicine, having served as chair of the ECR subcommittee in 2012, and being recently elected to serve as Honorary Secretary from 2016. He is also known through his online profile, particularly his Twitter account, which remains a source of reckless honesty and ill-advised rants about the state of modern academia.

Twitter @PWGTennant



SSM ECR Workshop Speakers Biographies



Dr Ellen Flint

Lecturer in Population Health at London School of Hygiene and Tropical medicine & Member of the Healthy Environments Research Programme (HERP)

Member of the SSM Committee

Ellen has a broad interest in the social and spatial patterning of health and wellbeing with a methodological focus on longitudinal data analysis and multilevel modelling.

Ellen was awarded a MRC Fellowship to explore the relationship between active commuting and cardiovascular disease in the UK using four large, longitudinal datasets: Understanding Society, the ONS Longitudinal Study, UK Biobank and the ORIEL study.

She holds a PhD from University College London (2012): *“Investigating the temporal and spatial dimensions of the relationship between labour market status and psychological distress”*; an MSc in Demography (LSHTM 2008) and a BA Hons in Geography from University of Cambridge (2007).

Twitter @DrEllenFlint



Dr Sarah Gibney

Programme Analyst, Healthy and Positive Ageing Initiative, Department of Health, Ireland.

Adjunct Fellow, Geary Institute for Public Policy, University College Dublin.

Member of the SSM ECR Subcommittee

Sara is a post-doctoral Research Associate in the FP7 European Diabetes Literacy Consortium, University College Dublin (UCD), Ireland.

She is a quantitative social scientist who is passionate about health and wellbeing research. She is particularly interested in the life course approach to healthy ageing, the social determinants of health, socio-economic inequality, psychological wellbeing and health literacy. She has a collaborative mind-set and her research involves working across disciplines in international contexts to advance social medicine.

Sara strongly believes the SSM can provide a credible ECR mentoring programme that is worthwhile for mentors and empowers ECRs.



SSM ECR Workshop Speakers Biographies



Sara Ronzi

***Doctoral student, Department of Public Health & Policy,
University of Liverpool***

Chair- Elect of the SSM ECR Subcommittee

Sara has a background in public health and health promotions. Her current area of research is the evaluation of complex public health interventions for healthy ageing. In particular, her PhD research is related to the National Institute for Health Research School of Public Health Research 'age-friendly cities' project and focuses on evaluation of interventions which promote respect and social inclusion in older people. Her methods experience includes: the use of 'photo-voice', qualitative method utilised in community based participatory research; systematic reviews; and the use of quantitative methods to investigate individual risk perceptions of indoor environmental determinants.

Twitter @RonziSara



Dr Dorina Cadar

Career Development Fellow at the MRC Lifelong Health and Ageing Unit at UCL

Chair of the SSM ECR Subcommittee

Dorina focuses on the risk factors for the neurodegenerative disorders of ageing. She is currently working on a project funded by the Alzheimer's Society, which aims to investigate the effect of education on cognitive decline in preclinical stages of dementia.

She holds a PhD from University College London (2013), an MSc in Clinical Neuroscience from Institute of Psychiatry, King's College (2009) and a BSc Hons in Psychology from Birkbeck College, University of London (2008).

Within SSM, Dorina hopes to develop a network platform, which could link members with specialised professional interests and encourage the generation and sharing of resources and ideas for the advancements of Social Medicine in research, education, practice and policy.

Twitter @DorinaCadar